



Commodore's Cup Ocean Race
March 13, 2010
Lauderdale Yacht Club

SAILING INSTRUCTIONS

1. Rules

The regatta will be governed by the rules as defined in the current *Racing Rules of Sailing* (RRS), the prescriptions of US Sailing, the Performance Handicap Rating Formula as currently administered by PHRF of S.E. Florida, and these Sailing Instructions.

2. Entries

Eligible crews may be entered by faxing a complete registration form to 954-767-0076.

3. Notices to Competitors & Changes to Sailing Instructions

Prior to 2:00 pm on Friday, March 12, Notices to Competitors and changes to these Sailing Instructions will be e-mailed to the e-mail addresses provided on each entry form. Any such notices, and any after that time, will be announced on VHF channel 72 at 10:00 and 10:20 a.m. the day of the race.

4. Schedule of Races

One race is scheduled.

5. Classes

All yachts will race in one class.

6. Racing Area

The Racing Area shall be north of Port Everglades off Ft. Lauderdale Beach.

7. Start/Finish Line

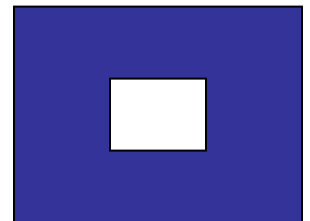
The start and finish line will be between an orange staff on the race committee boat anchored to the east of Las Olas Blvd. and a nearby inflatable mark. Boats will start by crossing the line from the south to the north, and finish from north to south.

“P” Flag

8. Starting Procedure

Starts will take place according to the following schedule:

<i>Time</i>	<i>Event</i>	<i>Sound</i>	<i>Flag</i>
10:30:00	Warning Signal	1 horn	White flag up
10:31:00	Preparatory Signal	1 horn	“P” flag up
10:34:00	One minute to start	none	“P” flag down
10:35:00	START!	1 horn	White flag down



9. The Course

Start: at the Start/Finish line off Ft. Lauderdale Beach

Mark 1: round the Hillsboro Inlet Sea Buoy to port

Finish: at the Start/Finish line off Ft. Lauderdale Beach in the opposite direction of starting.

10. Special Reminder

All competitors are reminded of state laws requiring boats underway to maintain a 300 foot distance from any dive flag.

11. Recalls

The responsibility to start properly belongs to each competitor. The Race Committee will attempt to identify OCS boats after the starting signal on VHF channel 72. This does not alter RRS 29.

12. Penalty System

If you believe you have broken a right-of-way rule, you may exonerate yourself by completing two turns (including two tacks and two gybes). The Two Turns penalty turn shall apply, in accordance with RRS 44.1 and 44.2.

13. Protests and Requests for Redress

A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of her intention and identify the boat(s) being protested. This allows the race committee to properly organize a protest hearing, and changes RRS 61.1(a). Protests must be written on forms available at the front desk of the Lauderdale Yacht Club and delivered there by 5:00 p.m. the day of the race. All parties to a protest will be notified of the time and place of the protest hearing on Monday, March 23.

14. Scoring

Yachts will be scored in each class in ascending order of their corrected finish time.

15. Prizes

Prizes for first, second, and third will be awarded at the after-race party beginning at 3:00 at the Lauderdale Yacht Club. Prizes for LYC-registered boats will be awarded at the LYC Change of Command ceremonies.